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EMPOWER Newsletter

Issue 6
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Welcome to the 6th EMPOWER Newsletter!

In this final issue, you will find more information about how incredibly grateful we are for all positivity and support the EMPOWER project has received throughout its lifetime, and what's next for us.

This is not a goodbye, it's a thank you!

After 3 years the time has come for the EMPOWER project to close its final chapter. But we don't want to say our goodbyes just yet, so thought to simply thank you.

Over the past 2 years, we have trained no less than 98 support workers (including volunteers) and 89 women across the partner countries, helping participants to build their own and others' confidence, employability and entrepreneurship through strengths-based coaching and mentoring.

Thank you to everyone involved in the project, to everyone who participated in our training programmes, to everyone who spread the word about our activities, and to everyone who celebrated with us during our Final Conference 'Conversations on Resilience and Employability: Connect, Collaborate & Lead'.



Our mission:

To equip vulnerable women with the confidence and skills they need to regain independence, and to equip support workers with the knowledge to support them in this.



Final Conference

On the 14th of June, Inova organised the 'Conversations on Resilience and Employability: Connect, Collaborate & Lead' Conference in Sheffield, UK. We presented the results of the EMPOWER project, invited experts in positive psychology, coaching and personal development to give us some interesting insights into our own self-awareness, and encouraged attendees to get actively involved in these discussions during our World Café. It was a wonderful day throughout and we thoroughly enjoyed seeing the connections that were being built on both a professional and personal level.

We received nothing but positive comments and would like to thank you all for your attendance, involvements and feedback.

E-learning Hub

The EMPOWER Learning Hub, our online training platform, will remain available for all! The Hub includes all training packages for support workers (both professionals and volunteers) and for women wishing to (re)enter the labour market. The 'EMPOWER Others' and 'EMPOWER Yourself' training packages each consist of 8 Units and are available in English, Greek, Icelandic and Lithuanian.

Sign up now: <http://empower.kmop.gr>

What's next?

The EMPOWER project may have come to an end, but our work isn't. All project partners continuously run a broad range of projects that target the building of skills and confidence for employability and entrepreneurship.

A selection of Inova's projects:

Advancing Migrant Women

The Advancing Migrant Women project aims to develop high quality training material and support for migrant women. We will be adopting a holistic approach based on training and mentoring to increase employability and entrepreneurial skills. We will furthermore increase awareness among employers of the economic and social benefits of recruiting migrant women. (<http://www.bifrost.is/english/research/advancing-migrant-women>)

MOM

The MOM project focuses on the skills women gain as mothers. This exciting new venture will see the development of a training programme that helps women to recognise the skills they acquire when becoming a parent and how these relate to employability skills. (<http://eu-mom.eu/>)

SMS ('Social Media Sisterhood')

The SMS project will provide female migrants with top-quality social media training to succeed in implementing social media strategies for personal development and cultural/social integration, which could lead to further integration into the host community through developing employability skills/gaining networks and hereby open up new opportunities. (<https://smswomen.eu/>)

If you would like to receive more information about these or other projects, please contact Leonie via lsloots@inovaconsult.com.

www.empowerwomen.eu

